

Liposuction Procedure Insights

Anesthesia	Local anesthesia and sedation or general anesthesia lock depending on the patient;
Duration	2-3 Hrs;
Hospitalization	12-24 Hrs;
Medication	Antibiotic and pain killers;
Downtime	1 week light activity, 4 weeks for body building activities, may vary mildly;
Dressing & Stitches	Small dressing + compression garment (6 Weeks) + removable sutures (8-10 Days);
Scars	Generally imperceptible and placed in discreetly;
Lymphatic Drainage	Absolute follow up recommendation for best outcome of liposuction;
Risks	Inflammation, Infection and Irregularities; can be reduced with following doctors post op recommendations and medication;

Our Procedure Risk Management (I)

Anesthesia risks

Pre anesthesia consultation + JCI accredited surgical facilities with highly qualified anesthesiologist

Bruising

High technology liposuction devices that cause less vessel damage + post op compression garment + medication + lymphatic drainage (manual + LPG)

Change in skin sensation that may persist

Compression garment + lymphatic drainage (manual + LPG)

Damage to deeper structures such as nerves, blood vessels, muscles, lungs and abdominal organs

Pre operative analysis + pre op marking + high technology liposuction devices + blunt cannulas + tumescent anesthesia

Deep vein thrombosis, cardiac and pulmonary complications

Anticoagulation + DVT device + compressive socks + hyperhydration

Fluid accumulation

Compression garment + lymphatic drainage (manual + LPG)

Infection

JCI accredited surgical facility + antibiotics

Our Procedure Risk Management (II)

Irregular contours or asymmetries	Pre op marking + deep liposuction techniques + high technology liposuction devices + lymphatic drainage (manual + LPG);
Need for revision surgery	Possible outcome when existence of residual fat + Additional post op weight gain + fibrosis + irregularities + not following post op recommendations;
Swelling / Persistent swelling	Compression garment + lymphatic drainage (manual + LPG) + medication;
Poor wound healing	Pre operative analysis + pre op marking + high technology liposuction devices + blunt cannulas + tumescent anesthesia;
Deep vein thrombosis, cardiac and pulmonary complications	Dressing + follow up consultation + compression garment + lymphatic drainage (manual + LPG) + medication;
Rippling or loose skin, worsening of cellulite	Compression garment + lymphatic drainage (manual + LPG);
Thermal burn or heat injury from ultrasound with the ultrasound-assisted lipoplasty technique	Patient selection.